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First Keynote Presentation:

From Positive Schemas and Building the Healthy Adult to Psychosis: New Direction in Schema Therapy

Abstract

Schema Therapy has developed with key focus on the treatment of personality disorders and chronic problems. Recent applications of the model are focusing on explicit approaches to building a healthy adult mode (self). On the other end of the spectrum, Schema Therapy continues to be applied to an ever-increasing spectrum of psychological disorders and clinical problems (e.g. Dissociative Identity Disorder, Psychotic Symptoms). This talk will discuss the latest theory and evidence being developed in the schema therapy community covering a range of issues from the use of positive approaches, through to the application of the model to serious mental health illness.

Professional Profile

Dr. Robert Brockman (Schema Therapy Training Australia; Australian Catholic University)

Experienced teacher and supervisor on clinical psychology masters programs in Sydney since 2010.

Practiced clinically in both public (e.g. Hospitals, community mental health) and private health sector positions (private practice) in Sydney.

Accredited by the International Society for Schema Therapy (ISST) as a schema therapist, supervisor, and

Presenter



Dr. Robert N. Brockman

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trainer.

Holds a fellowship with Australian Catholic University (ACU) for research in psychological approaches to well-being.

Co-wrote a book on Contextual Schema Therapy, with Dr. Bruce Steven

Current research focuses on extending the schema model into novel populations (e.g. GAD, Eating Disorders, HIV Sufferers, Therapists, Psychosis, Asian Populations).

Conducts ISST accredited training workshops across Australia, New Zealand, and Singapore, and is

A consultant clinical supervisor for Institute for Mental Health (IMH) Singapore.

Dr. Robert N. Brockman
Schema Therapy Training Australia

Second Keynote

When CBT Fails:
Schema Therapy for Chronic Axis I Disorders

Date: 28th April 2020

Venue: Pearl Point International Hotel Kuala Lumpur



ROBERT BROCKMAN

Course Presenter: Robert has extensive experience teaching and supervising on clinical psychology masters programs in Sydney since 2010. His clinical experience is drawn from both public (e.g. Hospitals, community mental health) and private health sector positions (private practice) in Sydney. Robert is accredited by the International Society for Schema Therapy (ISST) as a schema therapist, supervisor, and trainer. Robert currently holds a research fellowship with Australian Catholic University (ACU) where he researches psychological approaches to well-being. He has a major clinical and research interest in formulation and intervention with complex presentations that prove difficult to treat via standard evidence-based protocols. He is currently

engaged in clinical research focusing on extending the schema model into novel populations (e.g. GAD, Eating Disorders, HIV Sufferers, Therapists, Psychosis, Asian Populations). Robert regularly runs ISST accredited training workshops across Australia, New Zealand, and Singapore, and is currently a consultant clinical supervisor for Institute for Mental Health (IMH) Singapore.

Focus of the course: Whilst CBT enjoys strong empirical support across a large range of psychopathology, a significant proportion of patients show poor treatment response. In many cases, this poor response can be argued to occur due to patient characteristics/traits which make them poor candidates for standard CBT protocols. Recent research has confirmed the status of Schema Therapy as an evidence-based treatment for a personality disorders using 'extended schema mode conceptualizations'. Robert will provide a brief outline of recent advances in formulation in Schema Therapy of chronic axis 1 problems (e.g. Eating Disorders, Obsessive-Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), and Depression), before demonstrating how within-session mode management strategies can be used to overcome common treatment roadblocks to evidence-based therapy, including detaching, over-analyzing and extreme avoidance.

This keynote will be presented at the Asia Schema Therapy Conference which you can know more at <http://schematherapyasia.net/> for date,time and registration.

For inquiries, please email to Info@Psychology.com.my. or visit www.ISPCP-TRCP.org

This introductory workshop will help attendees gain an understanding of the Schema Therapy model and provide an extensive platform for learning new skills and techniques used in Schema Therapy. The workshop will address both the schema and 'mode' models. The training is skills based, with multiple opportunities to learn complex techniques for working with difficult-to-treat clinical populations, with a particular focus on Borderline Personality Disorder and its treatment. It will provide you with a good platform for learning and practicing skills, as well as direct coaching of skills therapists often feel less confident in applying. This workshop presented by STTA is accredited by the International Society of Schema Therapy (ISST) as a 3- day introductory workshop that can be used for the purpose of accreditation as a schema therapist. In addition, to accreditation by ISST (International Society for Schema Therapy) it is also accredited by Malaysian Association for Psychotherapy (MAP), Malaysian Cognitive Behavioural Therapy Association (MCBTA) and International Society for Psychotherapy , Counseling & Psychotherapy (ISPCP)