

# Post-Conference Workshop

**2 Days**

**Date: 28th - 29th April 2020**

**Venue : EduFly College**

**“When CBT Fails: Schema Therapy for Chronic Axis I Disorders”**

**By**



**Dr. Robert Brockman**

**SCHEMA THERAPY TRAINING AUSTRALIA (STTA)**

**PhD/DClinPsy, Clinical**

**Psychologist (Sydney, Australia) ISST Accredited Schema**

**Therapist, Supervisor & Trainer**

Accredited by International Society for Psychotherapy, Counselling, & Psychiatry (ISPCP), Asia Society for Schema Therapy (ASST), Malaysian Association of Psychotherapy (MAP), and Malaysian Cognitive Behavioural Therapy Association (MCBTA).

**Abstract:**

Whilst CBT enjoys strong empirical support across a large range of psychopathology, a significant proportion of patients show poor treatment response. In many cases, this poor response can be argued to occur due to patient characteristics/ traits which make them poor candidates for standard CBT protocols. Recent research has confirmed the status of Schema Therapy as an evidence-based treatment for a personality disorders using 'extended schema mode conceptualizations'. This workshop will provide an in-depth training of Schema Therapy including recent advances in formulation in Schema Therapy of chronic axis1 problems (e.g. Eating Disorders, Obsessive-Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), and Depression), before demonstrating how within-session mode management strategies can be used to overcome common treatment roadblocks to evidence-based therapy, including detaching, over-analyzing, and extreme avoidance.

## **Professional Profile**

Dr. Robert Brockman (Schema Therapy Training Australia; Australian Catholic University):

- Experienced teacher and supervisor on clinical psychology masters programs in Sydney since 2010.
- Practiced clinically in both public (e.g. Hospitals, community mental health) and private health sector positions (private practice) in Sydney.
- Accredited by the International Society for Schema Therapy (ISST) as a schema therapist, supervisor, and trainer.
- Holds a fellowship with Australian Catholic University (ACU) for research in psychological approaches to well-being.
- Current research focuses on extending the schema model into novel populations (e.g. GAD, Eating Disorders, HIV Sufferers, Therapists, Psychosis, Asian Populations).
- Conducts ISST accredited training workshops across Australia, New Zealand, Hong Kong and Singapore, and is a consultant clinical supervisor for Institute for Mental Health (IMH) Singapore.

## Workshop Prices

Category	Early bird registration (on or before 29 Feb 2020)	Normal registration
Prices for developed countries	RM 3117.00	RM 3400.00
Prices for developing countries	RM 1558.50	RM 1700.00
Prices for MOH/ MOE/student	RM 990.00	RM 1680.00

For inquiries, please email to [Info@Psychology.com.my](mailto:Info@Psychology.com.my). or visit [www.ISPCP-TRCP.org](http://www.ISPCP-TRCP.org)